



Connecting you to everything La Casa!

Help La Casa open a
welcoming wellness
center for our
community members
who need it most!

With your help, we will establish a
free wellness center in Newark's
Lower Broadway neighborhood.
Providing free access to exercise
equipment, coaches, and a caring
staff will have long-term positive
effects on our community.

[Make Your Donation Today!](#)

Socialize with La Casa

 [FOLLOW US ON FACEBOOK](#)

 [FOLLOW US ON TWITTER](#)

 [FOLLOW US ON INSTAGRAM](#)

 [FOLLOW US ON FLICKR](#)

La Casa es su Casa "Health Matters"
Raises Awareness of Community Health



La Casa es su Casa "Health Matters" was a spirited celebration that showcased the **unity of a community under one cause: the health of Newark**. With the theme "Health Matters," La Casa's annual cocktails and hors d'oeuvres reception, held May 8th at Nico Kitchen + Bar, explored La Casa de Don Pedro's role – and responsibility – as a comprehensive, community development organization to help guide its community on a path to progress by addressing all of the factors – from education, housing, employment, social supports, access to health services, and more - to enhance people's quality of life and to allow them to lead healthier, more fulfilling lives. [\[Read More\]](#)

[Click Here For Event Photos](#)



LA CASA ES SU CASA SPONSORS



Premiere Gold

M&TBank

JPMORGAN CHASE & CO.



Silver

RWJBarnabas
HEALTH

Bronze



Friend

Capacity Coverage

The Diloné Family

Horizon NJ Hea

McCarter & English, LLP

Newark Community
Health Centers

PNC Bank

Rutgers Biomedical
and Health Sciences

Rutgers University
Newark

WithumSmith+Bro

Training to Keep Newark Homes Lead-Safe

La Casa de Don Pedro is committed to **ensuring that Essex County residents live in homes that are free of lead and reducing the prevalence of lead poisoning in young children** by providing preliminary lead testing to determine if lead is present on painted surfaces, lead inspections, home risk assessments, lead remediation and abatement, as well as education on how to keep the home and family lead safe.

To provide the highest quality services, our lead program staff attended a 40-hour Lead Abatement Supervisor Training. The team learned effective supervising techniques to ensure homes receiving lead abatements are completed safely for the residents living in the home. [\[Read More\]](#)



Breaking the Stigma of HIV



Michael Allen is a participant in La Casa de Don Pedro's Ryan White Program where he has been **inspired to reach others** through creative expression working to combat the stigma of HIV.

He shared his story at our *La Casa es su Casa* annual event.

[\[Read More\]](#)

Strengthening Newark Families

La Casa de Don Pedro hosted its annual Strengthening Families Festival at our 201 First Street Head Start Center on Saturday, April 21. The day boasted plenty of children and family-friendly activities. Parents and kids took part in this annual day dedicated to **strengthening the families of Greater Newark**.



[\[Read More\]](#)

Creating Community Leaders: One Woman's Story of Resilience and Leadership



Having moved to Newark in 2015, **Patricia Coyotecatl was determined to become a leader in her community.** La Casa's Family Success Center staff encouraged her to join the Family Success Center Advisory Board, and she is now its Vice President and Secretary. Most recently, Patricia's peers elected her to serve as President of the Head Start Policy Council. [\[Read More\]](#)

A Day All About Mothers

On May 11th La Casa de Don Pedro's Family Success Center hosted a morning dedicated to honoring the mothers of the family, the role of motherhood, maternal bonds, and the influence of mothers in society. By honoring the women who raise us and taking the time to acknowledge the critical role of mothers, **we help women comprehend and become empowered about the important role they play as mothers.** [\[Read More\]](#)



**IT'S
BACK!**

join us again for an evening
Burgers & Brew

September 20, 2018 | McLoone's Boathouse, West Orange



**NOW THROUGH AUGUST 20:
GET YOUR TICKETS FOR \$60 EACH. AFTER THAT, TICKETS
WILL BE \$75/PERSON.**

BE A SPONSOR! GET TICKETS!

Join us for **BURGERS & BREW**, our most popular event, on **Thursday, September 20th** at McLoone's Boathouse in West Orange, 6pm-8:30pm.

Tickets will go fast. Get yours today!

Sponsors (as of May 22nd)

Premiere Gold: JP Morgan Chase & Co, M&T Bank, PSEG

Bronze: TD Bank, Verizon, Wells Fargo

Friend: WithumSmith+Brown

Fall Equinox: L. Ross Wealth Management, Lotus Equity Group, Rutgers University - Newark

Dusk: Horizon NJ Health

Get Your Early Bird Tickets & Sponsorships to Burgers & Brew Now!

[Learn More about Burgers & Brew](#)



SAVE THE DATE!

Festival de la Familia is Saturday, August 25th.

Sponsors (as of May 22)

Presenting Sponsor: Valley National Bank

Premiere Gold: JP Morgan Chase & Co., M&T Bank, PSEG

Bronze: Prudential Financial, TD Bank

Salsa: Lotus Equity Group, Rutgers University - Newark, Horizon NJ Health

[Sponsor Festival de la Familia](#)

[Volunteer at Festival de la Familia](#)

[Learn More about Festival de la Familia](#)

Upcoming Programs & Registrations

[Preschool, Head Start & Early Head Start](#) Ongoing Registration

[Afterschool Enrichment Program](#) Ongoing Registration

[Alternative High School Program](#) Ongoing Registration

[First Time Home Buyers Workshop](#) Register by 3/24 for the next session

[Lead-Safe Home Remediation Program](#) Ongoing Registration

[Low Income Home Energy Assistance Program / Weatherization Assistance / Senior Citizen's Cooling and Heating Program.](#) Ongoing Registration

[Home Health Aide Training](#) Ongoing Registration

[Healthy Living Initiative](#) Ongoing Registration
To register please contact our *Healthy Living Initiative Coordinator, Luisa Garcia* at 973-624-4222.

[How to Start Up Your Own eBay Store](#) 5/23

[Family Success Center Advisory Board Meeting](#) 5/24

[Advisory Board Meeting](#) 5/24

[Knitting Club](#) 5/25

[Inexpensive Ways To Spruce Up Your Home](#) 5/25

[Legacy for Children](#) 5/29

Help La Casa open a welcoming wellness center for our community members who

need it most!

Our Community's Health Matters



\$10 purchases one exercise jump rope

\$25 purchases a set of hand weights

\$50 purchases gently used equipment like a tread mill or exercise bike

\$100 purchases exercise mats for a yoga class

\$250 helps pay for a certified yoga or Zumba instructor

[Make Your Donation Today!](#)



Share



Tweet



Copyright © 2018 La Casa de Don Pedro, All rights reserved.

...

Our mailing address is:

La Casa de Don Pedro
75 Park Avenue, Newark, NJ
Newark, NJ 07104
[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)

